

# Frederiks

neighbourhood kitchen & bar

ALL PRAISE  
THE BRAISE!

## BAR SNACKS

<i>Soup of the day</i>	£3.50
<i>House-marinated Olives (ve)</i>	£3.50
<i>Olives &amp; sun-dried Tomatoes (ve)</i>	£3.95
<i>Padron peppers (ve)</i>	£4.95
<i>Habanero wings</i>	£5.50
<i>Charcuterie board</i>	£9.95
<i>Cheese board (v)</i>	£9.95

## SMALL PLATES

<i>Classic Mac &amp; Cheese (v)</i>	£3.95
<i>Pretzel-crusteD fried Chicken strips</i>	£5.50
<i>Meatballs in our rich Arrabiata sauce</i>	£5.50
<i>Strawberry and Black Pepper glazed Ribs</i>	£6.50
<i>Root Beer Pulled Pork waffle stack with Maple syrup</i>	£6.95

## BURGERS

<i>Fat Freddy burger with Swiss Cheese</i>	£9.95
<i>Pulled Pork &amp; Root Beer burger with Applesauce</i>	£7.95
<i>Falafel burger with Tomato &amp; Coriander salsa (v)</i>	£7.95

## HOUSE SANDWICHES

<i>Maple Bacon, Lettuce, Guacamole &amp; Tomato</i>	£4.75
<i>Swiss Cheese, Rocket &amp; caramelised Red Onion (v)</i>	£4.75
<i>Prosciutto Ham &amp; Buffalo Mozzarella</i>	£4.95

## DAILY LUNCH DEAL

*Soup of the Day and a choice  
of House Sandwich £6.00*

*Please see the blackboards for today's soup*

## FRED'S FAMOUS NYC BRISKET

*Fine Beef Brisket, brined and marinated to our own  
recipe and slow-braised overnight on the premises.*

*Hand-carved Mon-Sat from 12pm.*

<i>Thick Hot Brisket sandwich (2" deep minimum)</i>	£5.75
<i>Skinny Hot Brisket sandwich (1" deep minimum)</i>	£4.75

*Add any of the following:*

<i>Tomato &amp; fried Onions</i>	£1.00
<i>Swiss Cheese</i>	£1.00
<i>Red Cabbage slaw</i>	£1.00

*All sandwiches are served with house dressing on the side.*

<i>Brisket Jalapeno burger</i>	£9.95
<i>Brisket with Mac &amp; Cheese</i>	£5.95
<i>Brisket with Fries &amp; Gravy</i>	£5.00
<i>Brisket hash with Green Peppers &amp; a fried Egg</i>	£5.95

## PIZZAS

*All of our pizzas are hand-stretched and stonebaked.*

<i>Mozzarella, Tomato &amp; Basil (v)</i>	£6.95
<i>Spicy Pepperoni</i>	£7.95
<i>Brisket &amp; Jalapeno</i>	£8.95
<i>Mediterranean Vegetables &amp; Basil oil (ve)</i>	£8.95
<i>Fiorentina with a runny Egg</i>	£7.95

*Frederiks reserve the right to change items on this menu subject to the  
availability of lovely & delicious produce. We use nuts in  
our kitchen so cannot guarantee that dishes are nut-free.*

## SEAFOOD

<i>Salt &amp; Pepper King Prawns</i>	£7.95
<i>Blackened Salmon fillet with mediterranean Vegetables</i>	£9.95
<i>Salmon &amp; Sweet Potato fishcakes with Harissa Mayonnaise</i>	£6.50

## SALADS AND HEALTHY BOWLS

<i>Classic Caesar salad (v)</i>	£6.50
<i>Classic Caesar salad - with Chicken &amp; Bacon</i>	£8.95
<i>Zucchini, Rocket and Parmesan salad (v)</i>	£6.50
<i>Tomato &amp; Mozzarella salad with balsamic dressing (v)</i>	£6.50

## SIDES

<i>Salt &amp; Vinegar potatoes</i>	£3.50
<i>Skin on Fries</i>	£3.00
<i>Sweet Potato Fries</i>	£3.50
<i>Buttered New Potatoes with sun-dried Tomato (v)</i>	£3.50
<i>Halloumi with roasted Red Pepper (v)</i>	£4.95
<i>Red Cabbage slaw (v)</i>	£2.50

## DESSERTS

<i>Pecan pie (gf/ve)</i>	£5.00
<i>Brooklyn Toffee Apple mess</i>	£5.00
<i>Sticky Toffee pudding</i>	£5.00
<i>Peanut Butter &amp; Jelly cheesecake</i>	£5.00

## FRED'S ROAST

*Lovingly served every Sunday from 12.00pm*

*2 Courses £15.00 / 3 Courses £18.00*

*Advanced reservations recommended*