

Frederiks

neighbourhood kitchen & bar

2 courses £13.50 / 3 courses £16.50

STARTERS

Fred's meatballs in tomato sauce £5

Mixed vegetable soup with rustic bread £4

Salmon fishcakes with homemade tartar sauce £5

ROASTS

Roast chicken with apricot stuffing £10

Roast beef with Yorkshire pudding £12

Roast pork with apple sauce £11

Mushroom & spinach nut roast with Yorkshire pudding £10

*All served with roast potatoes, cauliflower, carrots, parsnips, kale & red wine
gravy*

Pan roasted cod £12

With kale, new potatoes & a white wine & garlic sauce

HOMEMADE DESSERTS

Warm chocolate brownie with vanilla ice cream £5

Raspberry cheesecake jam jar £4

Sticky toffee pudding with salted caramel sauce

& vanilla ice cream £5

NEIGHBOURHOOD KITCHEN & BAR

**ALLERGENS: If you suffer from allergies please ask a
member of staff for the allergy information sheet**