

# Frederiks

*neighbourhood kitchen & bar*

**2 courses £15.00 / 3 courses £18.00**

## STARTERS

Soup of the day with rustic bread £5

Fred's meatballs in tomato sauce £5

Salmon and sweet potato fishcakes with harissa mayonnaise sauce £5

## ROASTS

Roast chicken with apricot stuffing £12

Roast beef with Yorkshire pudding £13

Roast pork with apple sauce £12

Mushroom and spinach nut roast with Yorkshire pudding £11

*All served with roast potatoes, cauliflower, carrots, parsnips, kale and red wine gravy*

Pan roasted seabass fillet £12

*With kale, new potatoes & a white wine & garlic sauce*

## HOMEMADE DESSERTS

Nutella chocolate mousse with fresh fruit and crushed hazelnuts £5

Oreo cheesecake jam jar £5

Sticky toffee pudding with salted caramel sauce

and vanilla ice cream £5