

Frederiks

neighbourhood kitchen & bar

LUNCH

SERVED 12PM - 4PM - MONDAY - FRIDAY

SOUP & SANDWICH £6.00

Soup of the day served with your choice of sandwich;

- Mediterranean vegetables and pesto (v)
- Char Sui pulled pork and pak choi
- B.L.T with Cajun mayonnaise
- Swiss cheese, tomato, caramelised red onion and rocket (v)
- Roasted red pepper, spinach, walnuts & basil oil (ve)
- Jerk chicken and slaw

PIZZA

Sun dried tomato & basil oil (V) £7.50

Pepperoni, chilli & mozzarella £8.50

SIDES

Handcut chips (v) £3.50

Sweet potato fries (v) £3.50

Green salad with mustard & balsamic dressing (ve) £3.00

2 COURSES £10.00

See board for today's options

FREDS FAMOUS ROAST

Lovingly served every Sunday.

2 Courses £15.00

3 Courses £18.00

Advanced reservations recommended

www.frederikshopestreet.com

EVENING

SERVED FROM 4PM - 9PM - MONDAY - FRIDAY

AND 12.00PM - 9.30PM SATURDAY

STARTERS & SMALL PLATES

Chargrilled jerk chicken wings £5.00

Honey glazed chorizo onions & peppers £5.50

Salmon & sweet potato fish cakes £5.00

Halloumi & roasted red peppers (v) £5.00

Soup of the day with rustic bread £4.50

Spicy Italian arrabiata meatballs & mozzarella £5.00

MAINS

Fat Freddie beef burger, slaw & fries £11.00
(Add bacon £1 add cheese 50p)

Seabass fillet, sprouting broccoli, new potatoes, hazelnuts, Parmesan & Caesar sauce £12.00

Char sui pulled pork, pak choi & noodles, soy and sesame dressing £11.00

Sriracha bourbon glazed ribs, side salad & slaw £11.00

Mediterranean vegetable lasagna (v) £10.50

pasta in a tomato sauce, pesto (v) £10.50

Pan roasted chicken breast, wilted greens, Stornaway black pudding & a sun-blush tomato butter £12.00

PIZZA

Sun-dried tomato and basil oil (v) £7.50

Chargrilled Mediterranean vegetables & pesto (v) £8.00

Egg, spinach and Parmesan (v) £8.00

Pepperoni, chilli & mozzarella £8.50

Char Sui pulled pork and pepper with a hoi sin base £8.50

EVENING & PRE-THEATRE SPECIAL

2 Courses £13.50 / 3 Courses £16.50

SERVED FROM 4PM - 9PM

MONDAY - FRIDAY

SIDES

Sesame greens (ve) £3.00

Padron peppers (ve) £3.50

Garden green salad, mustard & balsamic dressing (ve) £3.00

Hand cut chips (v) £3.50

Sweet potato fries (ve) £3.50

Homemade Cajun wedges (v) £3.50

Skin on fries (ve) £3.00

Pesto new potatoes (v) £3.00

DESSERTS

Oreo cheese cake jam jar £5.00

Sticky toffee pudding, salted caramel sauce & vanilla ice cream £5.00

Nutella chocolate mousse & fresh fruit £5.00

IN THE MOOD FOR A PARTY?

Frederiks fabulous Pillbox is available to hire
7 days a week.

A private space - It's always in demand, perfect for clandestine meetings, discreet dinners & celebrations

Ask one of the team for more details.